

# How to perform vaginal preparation

## VAGINAL PREPARATION BEFORE CEASAREAN SECTION PREVENTS INFECTION

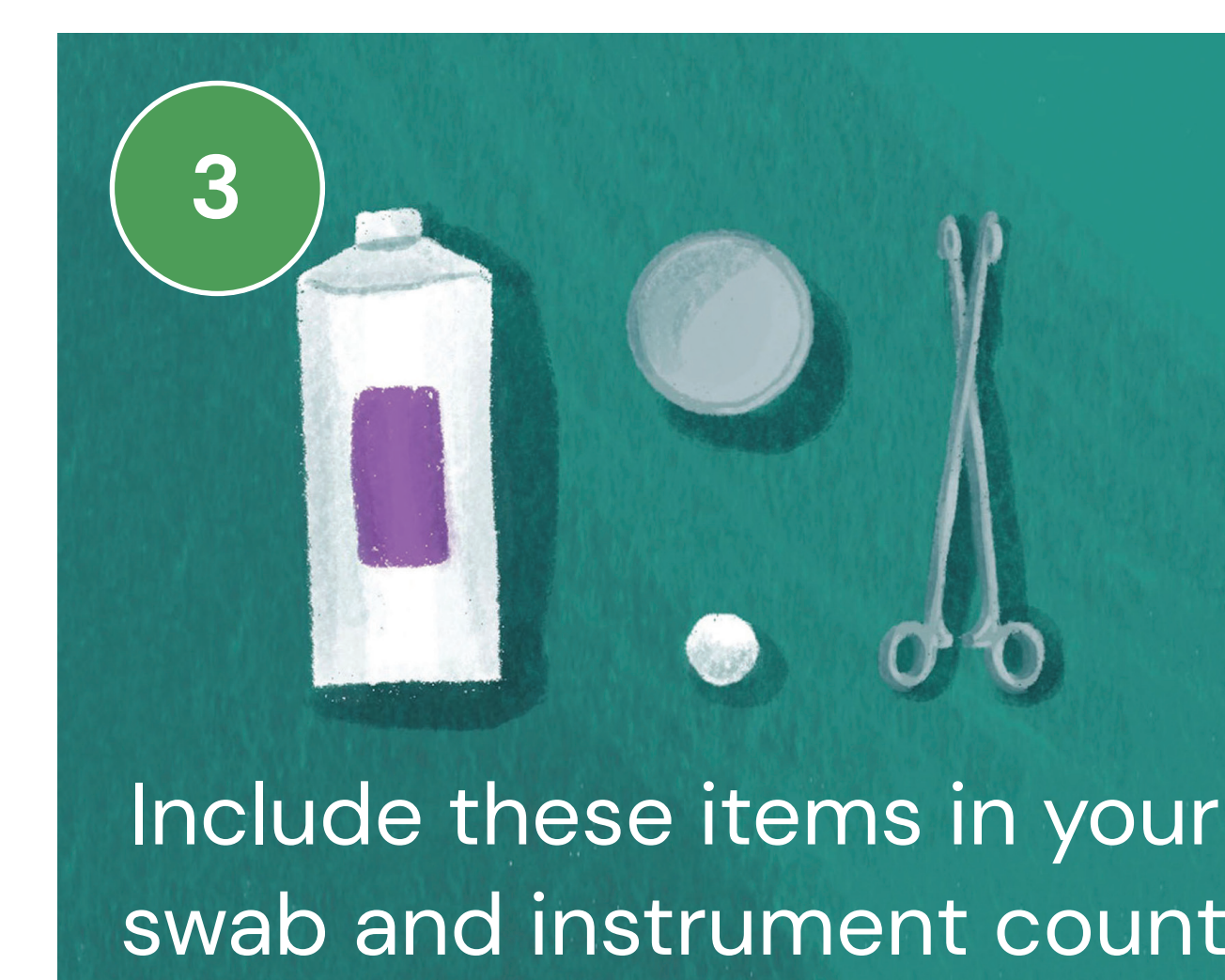
✗ Do not perform vaginal preparation if there is a face presentation, cord prolapse or placenta praevia



Explain the procedure and gain verbal consent. Ensure appropriate privacy



Perform vaginal preparation just before preparing the abdominal skin for incision



You will need:

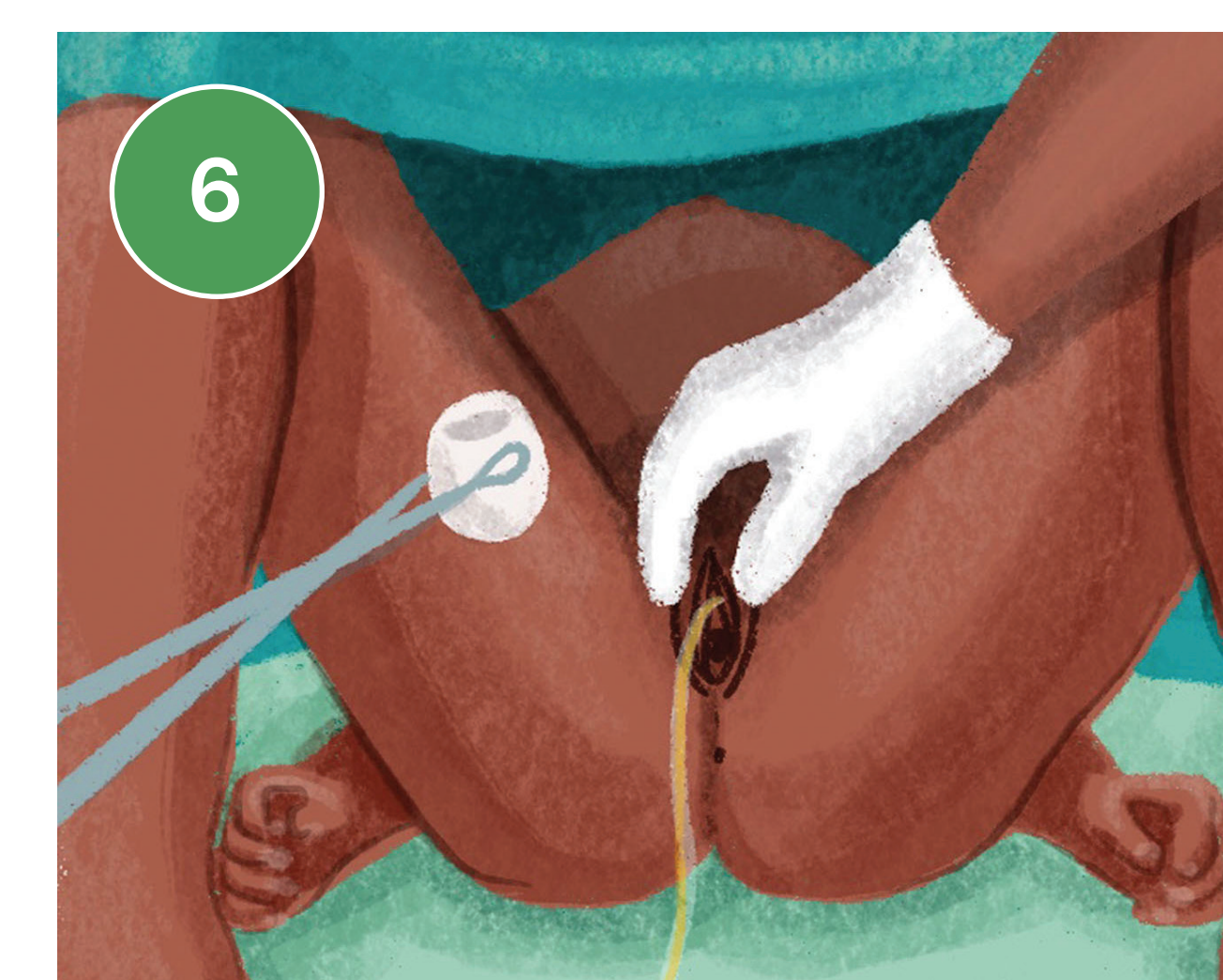
- A gauze swab
- A sponge holder / forceps
- Chlorhexidine or povidone-iodine solution



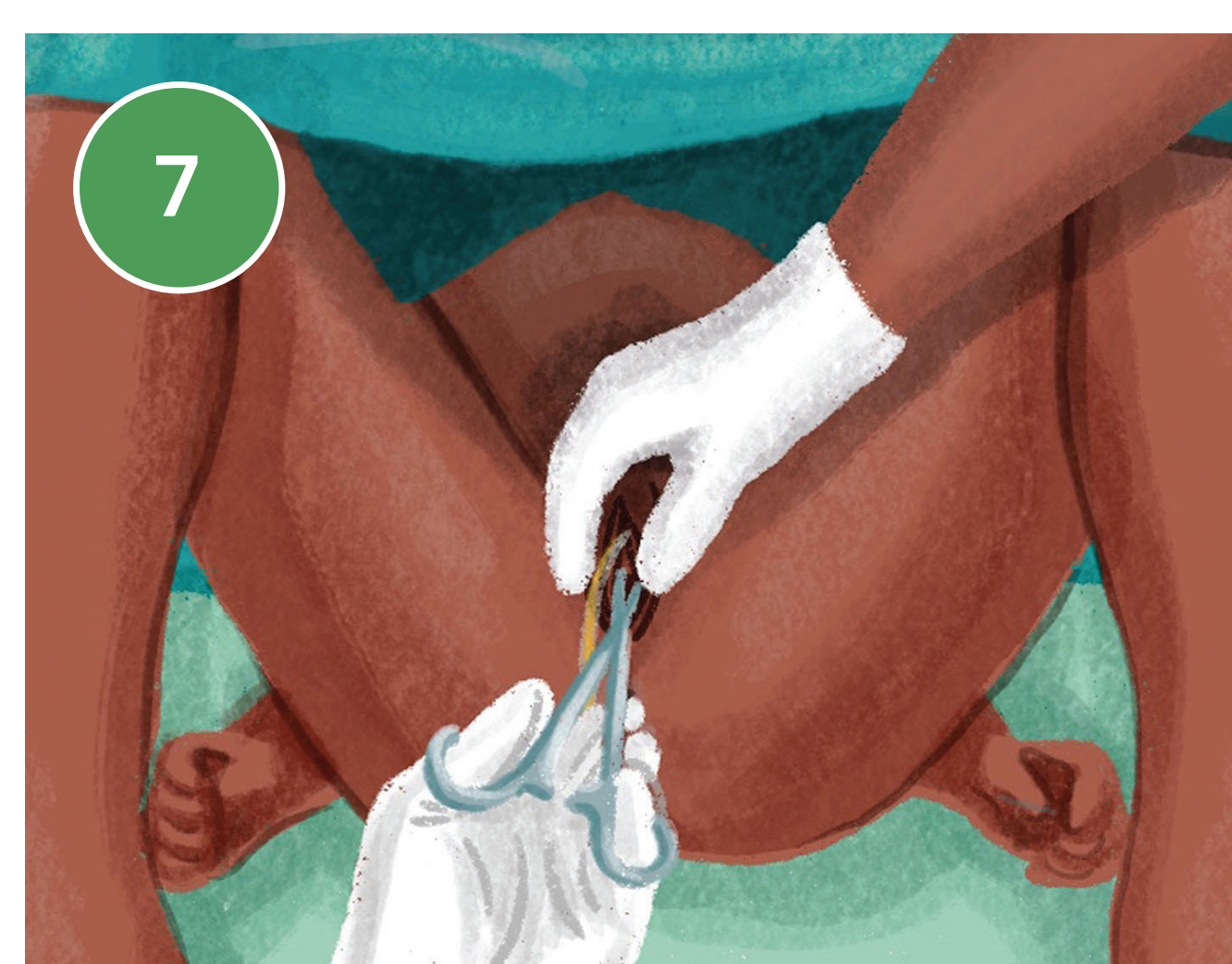
Put on an apron, perform hand hygiene and put on gloves



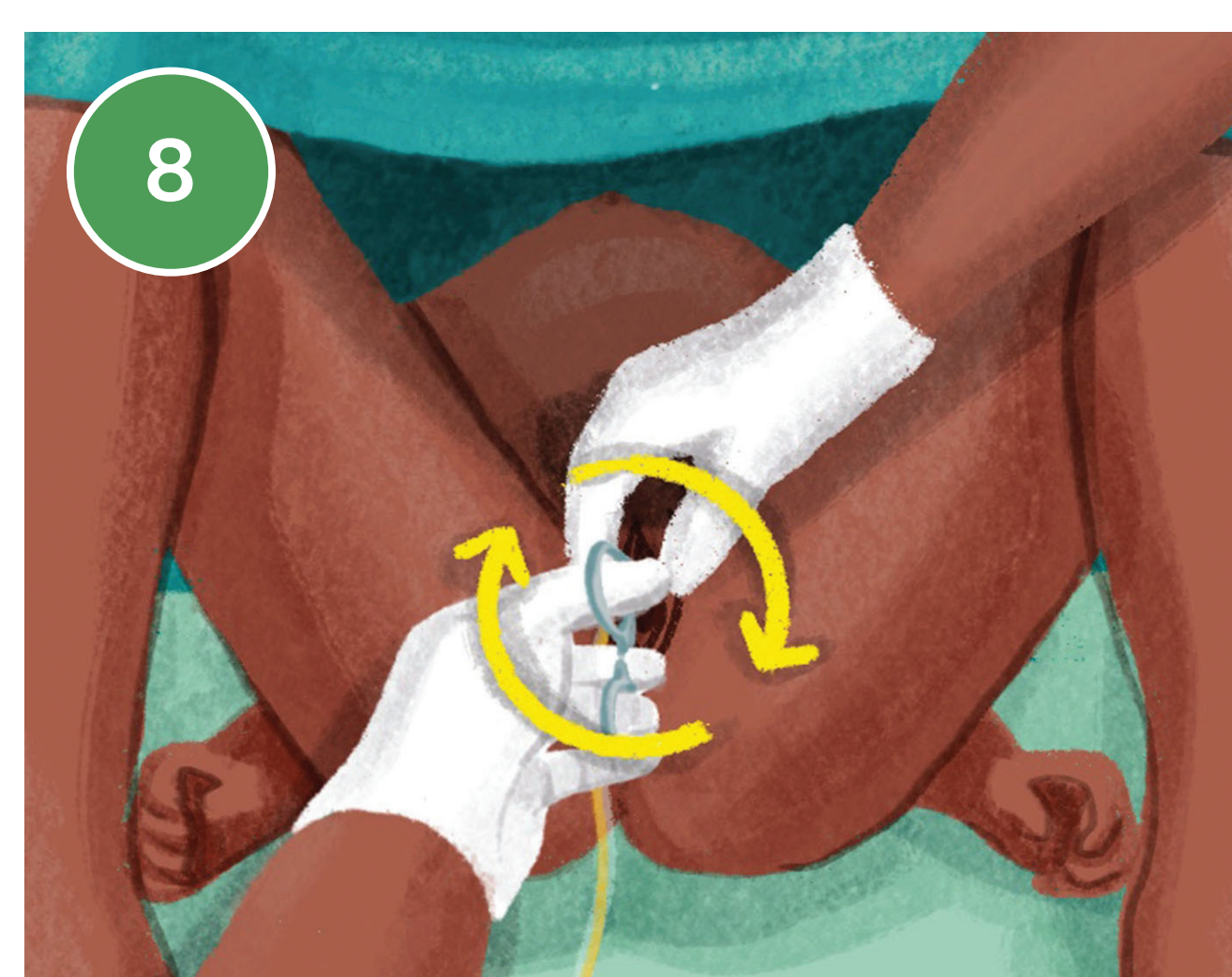
Pick up the gauze swab with the sponge holder, soak the gauze swab in cleaning solution



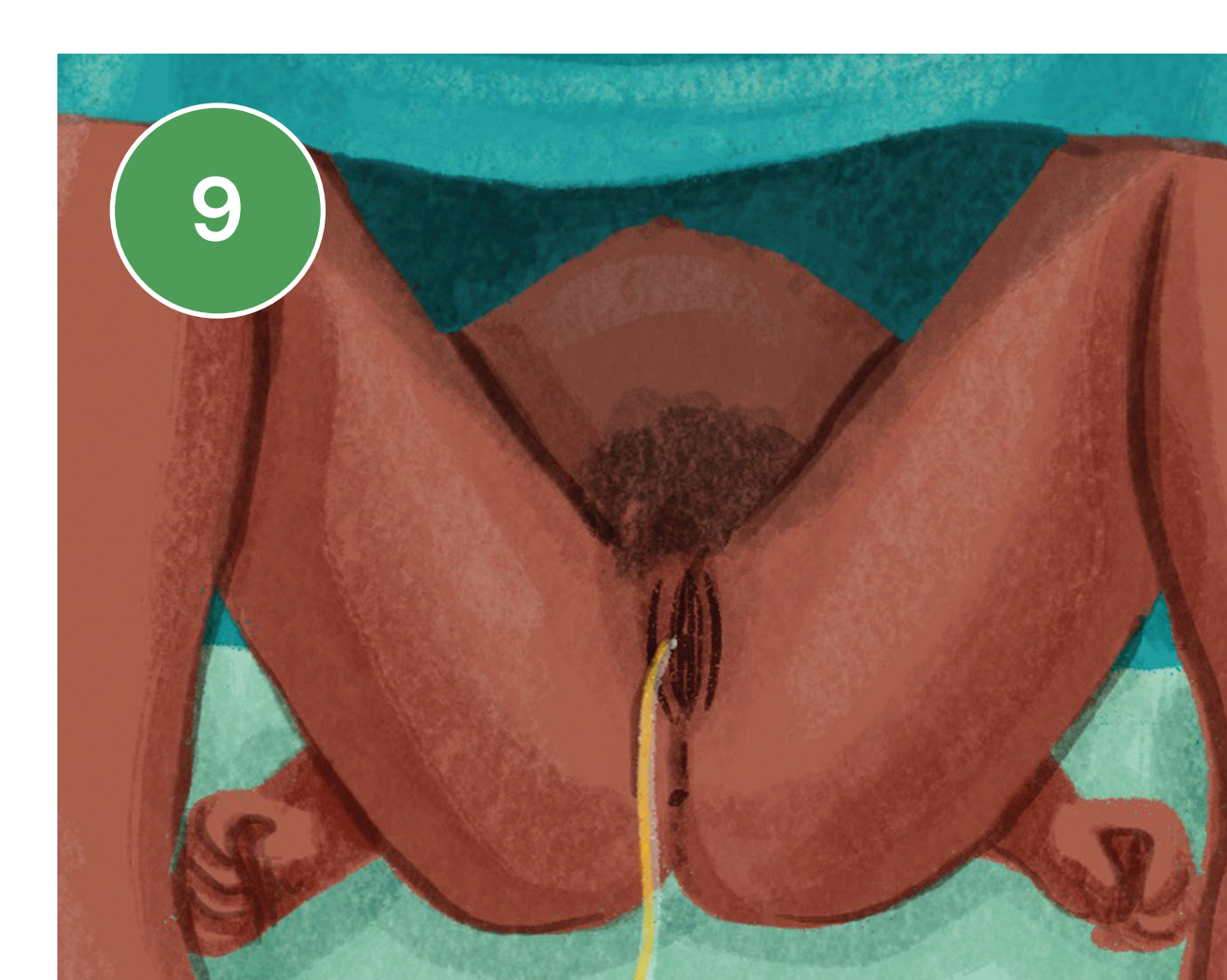
With one of your gloved hands, gently spread the labia apart and open the vagina



With your other gloved hand, carefully insert the forceps and gauze to reach the level of the cervix



Gently rotate the forceps and gauze for 30 seconds, ensuring coverage of the cervix and upper vagina



Remove the forceps and dispose of the gauze appropriately (remember to include in the swab and instrument count)

